Advanced Tele-Genetic Counseling (AT-GC) provides access to genetic counseling and testing services via telemedicine allowing you to virtually meet with board-certified genetic counselors.

When you are referred for genetic counseling, you will be contacted by AT-GC to schedule an appointment. At this time, we may ask you to gather family history information. We will also provide you with instructions on how to virtually meet with your genetic counselor.

You will speak with a certified genetic counselor through video chat on your computer, phone, or tablet. We will review your personal and family health histories. We will review with you any genetic conditions that might apply to your family and answer your questions regarding your genetics.

Based on your personal and family histories, we may recommend genetic testing. This is typically done by a blood draw or collecting a saliva sample. If genetic testing is ordered, we will contact you when we receive the results. We will then review how the results might impact you and your family.
Frequently Asked Questions

Will my insurance pay for tele-genetic counseling and genetic testing?

We offer both self-pay and insurance billing options. When scheduling your appointment, we will discuss these options with you in order to ensure the best option for your needs. At your appointment, you may be charged a co-payment. If genetic testing is recommended, insurance coverage will be discussed during your appointment. In some cases, labs may offer services to estimate your insurance coverage for genetic testing.

What are hereditary or genetic conditions?

Hereditary conditions are caused by a mutation, or a change, in a gene. Our genes are the instructions that tell our body how to develop and function. If a gene has a mutation in it, it doesn’t work the way it is supposed to. This can increase the risks for certain health problems or cause specific disorders. We share our genes with our family members. If someone has a mutation in a gene, it is possible their family members could also have the mutation.

What questions are asked at a genetic counseling appointment?

In order to determine what someone’s genetic risks might be, we ask questions about someone’s own health, and the health of their family members. It is important to know who in the family has had symptoms of the condition, what their symptoms were, and the ages they developed the symptoms. It is also important to know if anyone has a diagnosis of a genetic condition and if anyone has previously had genetic testing.

How can genetic counseling help me?

Speaking with a genetic counselor can help you understand what your risks are for genetic conditions. It may also help understand what specialized screening or treatment might be recommended based on your genetics. We can also review how your genetics might impact your family members.

Have more questions? Ask us!

phone: 502.209.9718
fax: 502.470.3645
email: genetics@at-gc.com

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